

We invite you to a journey of inner pilgrimage to travel together along a pathway of Stillness and Silence, Seeking fresh horizons, new insights and deeper relationship with God ...



An introduction into Contemplative Christianity through the Practice of Meditation in the tradition of WCCM :
(The World Community of Christian Meditation)
At Dalby Schoolrooms
on Thursday 22nd Oct 9.30am – 3.30pm.

Led by Cheryl Cousins
To book in advance@ £12.50 for the day,
please contact : cherylcousins@manx.net
includes lunch & refreshments..

Some time ago I was listening to an orchestra tuning up, it was a discordant sound with each instrument playing its own way. Then the oboe, a quiet little instrument, began to play and the other instruments tuned in on its note. And gradually the disharmony calmed down. There was silence and the concert began. To me the mantra is very much like the little oboe. In meditation mantra brings all the parts of our being into harmony. When we are in harmony, we are the music of God